

<b>Week 3 28/01/2019</b>	<b>Meat</b>	<b>Fish</b>	<b>Vegetarian</b>	<b>Pudding</b>	<b>Evening Snack – Soup with bread and cake</b>	<b>Evening Snack – Sandwich with crisps and cake</b>
Monday	COTTAGE PIE WITH SEASONAL VEG	FISH PIE WITH SEASONAL VEG	VEGETARIAN COTTAGE PIE WITH SEASONAL VEG	CHOCOLATE GATEAUX	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle</li> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul>
Tuesday	LIVER AND ONIONS WITH NEW POTATOES AND SEASONAL VEG	FISH CAKE WITH NEW POTATOES AND SEASONAL VEG	CHERRY TOMATO AND PESTO SPAGHETTI	VICTORIA SPONGE	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle</li> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul>
Wednesday	ROAST CHICKEN DINNER, ROAST POTATOES, SEASONAL VEG AND YORKSHIRE PUDDING	SALMON IN A CREAM SAUCE, NEW POTATOES AND SEASONAL VEG	CAULIFLOWER AND BROCCOLI CHEESE BAKE AND NEW POTATOES	BREAD & BUTTER PUDDING	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle</li> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul>
Thursday	HAM AND MUSHROOM SPAGHETTI CARBONARA	WHITE FISH IN PARSLEY SAUCE, NEW POTATOES AND GARDEN PEAS	ROAST VEGETABLE PASTA BAKE	FRUIT CRUMBLE AND CUSTARD	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle</li> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul>
Friday	SAUSAGE IN ONION GRAVY WITH NEW POTATOES AND SEASONAL VEG	TUNA PASTA BAKE	VEGETARIAN SAUSAGE WITH MASH POTATO AND SEASONAL VEG	CHOCOLATE SPONGE AND CUSTARD	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle</li> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul>
Saturday	CHICKEN AND MUSHROOM PIE WITH MASHED POTATOES AND SEASONAL VEG	BREADED FISH, MASHED POTATO AND SEASONAL VEG	CHEESE AND LEEK PIE, NEW POTATOES AND SEASONAL VEG	APPLE BAKEWELL AND CUSTARD	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle</li> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul>
Sunday	ROAST PORK DINNER, ROAST POTATO SEASONAL VEG AND APPLE SAUCE	ROAST TURKEY DINNER, ROAST POTATO, SEASONAL VEG, STUFFING		STRAWBERRY SWISS ROLL	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle</li> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul>

<b>Week 4 07/01/2019</b>	<b>Meat</b>	<b>Fish</b>	<b>Vegetarian</b>	<b>Pudding</b>	<b>Evening Snack – Soup with bread and cake</b>	<b>Evening Snack – Sandwich with crisps and cake</b>
Monday	FAGGOTS, MASH POTATO AND MUSHY PEAS	SALMON IN A CREAM SAUCE, NEW POTATOES AND SEASONAL VEG	CAULIFLOWER AND BROCCOLI CHEESE BAKE AND SAUTEE POTATOES	BREAD & BUTTER PUDDING	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle <ul style="list-style-type: none"> <li>• Egg mayo</li> </ul> </li> <li>• Ham &amp; Tomato</li> </ul>
Tuesday	SPAGHETTI BOLOGNAISE	FISH CAKE WITH NEW POTATOES AND SEASONAL VEG	MAC 'N' CHEESE WITH GRILLED TOMATOES	STRAWBERRY SWISS ROLL	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle <ul style="list-style-type: none"> <li>• Egg mayo</li> </ul> </li> <li>• Ham &amp; Tomato</li> </ul>
Wednesday	ROAST BEEF DINNER, ROAST POTATOES, SEASONAL VEG AND YORKSHIRE PUDDING	TUNA PASTA BAKE	VEGETABLE BEAN STEW	CHOCOLATE GATEAUX	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle <ul style="list-style-type: none"> <li>• Egg mayo</li> </ul> </li> <li>• Ham &amp; Tomato</li> </ul>
Thursday	GAMMON HAM IN PARSLEY SAUCE, NEW POTATOES AND SEASONAL VEG	BREADED FISH WITH MASHED POTATO AND BAKED BEANS	ROAST VEGETABLE PASTA BAKE	FRUIT CRUMBLE AND CUSTARD	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle <ul style="list-style-type: none"> <li>• Egg mayo</li> </ul> </li> <li>• Ham &amp; Tomato</li> </ul>
Friday	SAUSAGE WITH MASH POTATO AND SEASONAL VEG	WHITE FISH IN MEDITERRANEAN SAUCE, MASHED POTATOES AND SEASONAL VEG	VEGETARIAN SAUSAGE WITH MASH POTATO AND SEASONAL VEG	APPLE BAKEWELL AND CUSTARD	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle <ul style="list-style-type: none"> <li>• Egg mayo</li> </ul> </li> <li>• Ham &amp; Tomato</li> </ul>
Saturday	CORNED BEEF HASH WITH BAKED BEANS	FISH PIE WITH SEASONAL VEG	CHEESE AND POTATO PIE WITH BAKED BEANS	CHOCOLATE SPONGE AND CUSTARD	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle <ul style="list-style-type: none"> <li>• Egg mayo</li> </ul> </li> <li>• Ham &amp; Tomato</li> </ul>
Sunday	ROAST PORK DINNER, ROAST POTATOES SEASONAL VEG AND APPLE SAUCE	ROAST TURKEY DINNER, ROAST POTATOES SEASONAL VEG, STUFFING		VICTORIA SPONGE	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle <ul style="list-style-type: none"> <li>• Egg mayo</li> </ul> </li> <li>• Ham &amp; Tomato</li> </ul>

<b>Week 1 w/c 14/01/2019</b>	<b>Meat</b>	<b>Fish</b>	<b>Vegetarian</b>	<b>Pudding</b>	<b>Evening Snack – Soup with bread and cake</b>	<b>Evening Snack – sandwich with crisps and cake</b>
Monday	LIVER AND BACON WITH NEW POTATOES AND SEASONAL VEG	FISH CAKE WITH NEW POTATOES AND SEASONAL VEG	MAC 'N' CHEESE WITH GRILLED TOMATOES	BREAD & BUTTER PUDDING	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle</li> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul>
Tuesday	BEEF STEW	SALMON CRUMBLE WITH MASHED POTATO AND SEASONAL VEG	SPAGHETTI IN A CREAMY MUSHROOM SAUCE	CHOCOLATE SPONGE WITH CUSTARD	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle</li> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul>
Wednesday	ROAST PORK DINNER, ROAST POTATOES, SEASONAL VEG AND YORKSHIRE PUDDING	TUNA PASTA BAKE	VEGETARIAN SAUSAGE WITH NEW POTATOES AND SEASONAL VEG	VICTORIA SPONGE	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle</li> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul>
Thursday	FAGGOTS, MASH POTATO AND MUSHY PEAS	BREADED FISH, MASH POTATO AND SEASONAL VEG	CAULIFLOWER AND BROCCOLI CHEESE BAKE AND NEW POTATOES	APPLE BAKEWELL AND CUSTARD	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle</li> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul>
Friday	SPAGHETTI BOLOGNAISE	WHITE FISH IN PARSLEY SAUCE, MASHED POTATOES AND SEASONAL VEG	CHEESE AND POTATO PIE WITH BAKED BEANS	STRAWBERRY SWISS ROLL	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle</li> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul>
Saturday	MINCED BEEF AND ONION PIE, NEW POTATOES AND SEASONAL VEG	FISH CHOWDER WITH NEW POTATOES AND SEASONAL VEG	VEGETABLE BEAN STEW WITH NEW POTATOES	FRUIT CRUMBLE AND CUSTARD	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle</li> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul>
Sunday	ROAST TURKEY DINNER, ROAST POTATOES SEASONAL VEG, STUFFING	ROAST BEEF DINNER, ROAST POTATOES, SEASONAL VEG AND YORKSHIRE PUDDING		CHOCOLATE GATEAUX	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle</li> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul>

<b>Week 2 21/01/2019</b>	<b>Meat</b>	<b>Fish</b>	<b>Vegetarian</b>	<b>Pudding</b>	<b>Evening Snack – Soup with bread and cake</b>	<b>Evening Snack – Sandwich with crisps and cake</b>
Monday	CORNED BEEF AND POTATO PIE WITH SEASONAL VEG	BREADED FISH, MASH POTATO AND SEASONAL VEG	CHEESE AND POTATO PIE WITH BAKED BEANS	VICTORIA SPONGE	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle <ul style="list-style-type: none"> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul> </li> </ul>
Tuesday	CHICKEN AND VEG STEW WITH NEW POTATOES	TUNA PASTA BAKE	VEGETARIAN STEW WITH NEW POTATOES	APPLE BAKEWELL AND CUSTARD	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle <ul style="list-style-type: none"> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul> </li> </ul>
Wednesday	ROAST TURKEY DINNER, ROAST POTATO, SEASONAL VEG, STUFFING AND YORKSHIRE PUDDING	SALMON IN A CREAM SAUCE, NEW POTATOES AND SEASONAL VEG	MAC 'N' CHEESE WITH GRILLED TOMATOES	STRAWBERRY SWISS ROLL	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle <ul style="list-style-type: none"> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul> </li> </ul>
Thursday	PORK, LEEK AND APPLE CASSEROLE WITH NEW POTATOES	FISH CHOWDER WITH NEW POTATOES AND SEASONAL VEG	ROAST VEGETABLE PASTA BAKE	CHOCOLATE GATEAUX	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle <ul style="list-style-type: none"> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul> </li> </ul>
Friday	GAMMON HAM IN PARSLEY SAUCE, NEW POTATOES AND SEASONAL VEG	WHITE FISH IN MEDITERRANEAN SAUCE, NEW POTATOES AND SEASONAL VEG	CHEESE AND LEEK RISSOLE WITH NEW POTATOES AND SEASONAL VEG	CHOCOLATE SPONGE WITH CUSTARD	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle <ul style="list-style-type: none"> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul> </li> </ul>
Saturday	SAUSAGE WITH MASHED POTATOES AND SEASONAL VEG	FISH CAKE WITH MASHED POTATOES AND SEASONAL VEG	VEGETARIAN SAUSAGE WITH MASHED POTATOES AND SEASONAL VEG	FRUIT CRUMBLE AND CUSTARD	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle <ul style="list-style-type: none"> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul> </li> </ul>
Sunday	ROAST PORK DINNER, ROAST POTATOES SEASONAL VEG AND APPLE SAUCE	ROAST BEEF DINNER, ROAST POTATOES, SEASONAL VEG AND YORKSHIRE PUDDING		BREAD & BUTTER PUDDING	<ul style="list-style-type: none"> <li>• Tomato Soup</li> <li>• Vegetable Soup</li> <li>• Mushroom Soup</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; Stuffing</li> <li>• Cheese &amp; Pickle <ul style="list-style-type: none"> <li>• Egg mayo</li> <li>• Ham &amp; Tomato</li> </ul> </li> </ul>