

Week 1	Meat	Fish	Vegetarian	Pudding	Evening Snack – Soup with roll and fruit	Evening Snack – Roll with crisps and fruit
Monday	Gammon in parsley sauce with bubble & squeak and garden peas	Fish pie with garden peas	Vegetarian hotpot with dumplings	Trifle	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Tuesday	Chicken & vegetable pie with new potatoes	Steamed pollock with parsley sauce, new potatoes and peas	Vegetarian sausage & mashed potato with garden peas and gravy	Vanilla sponge and custard	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Wednesday	Roast turkey dinner with roast potatoes, seasonal vegetables and stuffing	Fish in a herb crust with new potatoes, seasonal vegetables in a white wine sauce	Mediterranean vegetable pasta	Fruit crumble and custard	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Thursday	Beef stew and dumplings	Fish casserole with new potatoes	Broccoli and cauliflower cheese bake with new potatoes	Bread & butter pudding	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Friday	Sausage & mashed potato with peas and onion gravy	Kedgeriee	Mushroom stroganoff & Rice	Chocolate fudge cake	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Saturday	Chicken curry & rice	Steamed pollock in a dill sauce with sauté potatoes and seasonal vegetables	Vegetarian cottage pie and seasonal vegetables	Carrot cake	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Sunday	Roast beef dinner with roast potatoes, seasonal vegetables and Yorkshire pudding	Chicken dinner with roast potatoes, seasonal vegetables and stuffing	Nut Roast with roast potatoes and seasonal veg	Pineapple sponge and custard	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato

Week 2	Meat	Fish	Vegetarian	Pudding	Evening Snack – Soup with roll and fruit	Evening Snack – Roll with crisps and fruit
Monday	Creamy chicken with sauté potatoes and seasonal vegetables	Fish in a herb crust with new potatoes, seasonal vegetables in a white wine sauce	Vegetarian sausage & mashed potato with garden peas and gravy	Fruit cake	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Tuesday	Beef hotpot	Tuna pasta bake with seasonal vegetables	Mediterranean vegetable pasta	Apple sponge and custard	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Wednesday	Chicken dinner with roast potatoes, seasonal vegetables and stuffing	Steamed pollock with parsley sauce, new potatoes and peas	Broccoli and cauliflower cheese bake with new potatoes	Fruit crumble and custard	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Thursday	Pork and leek pie with new potatoes	Fish pie and garden peas	Mushroom stroganoff & Rice	Marble cake	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Friday	Chicken stroganoff & rice	Steamed pollock in a dill sauce with sauté potatoes and seasonal vegetables	Vegetarian cottage pie	Bakewell tart	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Saturday	Cottage pie with seasonal vegetables	Kedgeree	Vegetarian hotpot with dumplings	Jam sponge and custard	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Sunday	Roast turkey dinner with roast potatoes, seasonal vegetables and stuffing	Roast beef dinner with roast potatoes, seasonal vegetables and Yorkshire pudding	Nut Roast with roast potatoes and seasonal veg	Fruit crumble and custard	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato

Week 3	Meat	Fish	Vegetarian	Pudding	Evening Snack – Soup with roll and fruit	Evening Snack – Roll with crisps and fruit
Monday	Braised beef with mashed potato and seasonal vegetables	Steamed pollock with parsley sauce, new potatoes and peas	Mediterranean vegetable pasta	Vanilla sponge and custard	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Tuesday	Chicken chasseur with new potatoes and seasonal vegetables	Fish pie and garden peas	Broccoli and cauliflower cheese bake with new potatoes	Fruit crumble and custard	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Wednesday	Roast pork dinner with roast potatoes, seasonal vegetables and stuffing	Kedgeree	Mushroom stroganoff & Rice	Bread & butter pudding	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Thursday	Corned beef pie with seasonal vegetables and gravy	Steamed pollock in a dill sauce with sauté potatoes and seasonal vegetables	Vegetarian cottage pie with seasonal vegetables	Chocolate fudge cake	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Friday	Gammon in parsley sauce with bubble & squeak and garden peas	Fish casserole with new potatoes	Vegetarian hotpot with dumplings	Carrot cake	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Saturday	Sausage casserole with new potatoes	Fish in a herb crust with new potatoes, seasonal vegetables in a white wine sauce	Vegetarian sausage & mashed potato with garden peas and gravy	Pineapple sponge with custard	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Sunday	Roast beef dinner with roast potatoes, seasonal vegetables and Yorkshire pudding	Roast chicken dinner with roast potatoes, seasonal vegetables and stuffing	Nut Roast with roast potatoes and seasonal veg	Trifle	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato

Week 4	Meat	Fish	Vegetarian	Pudding	Evening Snack – Soup with roll and fruit	Evening Snack – Roll with crisps and fruit
Monday	Chicken stroganoff & rice	Steamed pollock in a dill sauce with sauté potatoes and seasonal vegetables	Broccoli and cauliflower cheese bake with new potatoes	Apple sponge and custard	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Tuesday	Minced beef pie with mash potato and seasonal vegetables	Fish in a herb crust with new potatoes, seasonal vegetables in a white wine sauce	Mushroom stroganoff & Rice	Fruit crumble with custard	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Wednesday	Roast turkey dinner with roast potatoes, seasonal vegetables and stuffing	Tuna pasta bake with seasonal vegetables	Vegetarian cottage pie with seasonal vegetables	Marble cake	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Thursday	Creamy chicken with sauté potatoes and seasonal vegetables	Steamed pollock in parsley sauce with sauté potatoes and seasonal vegetables	Vegetarian hotpot with dumplings	Bakewell tart	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Friday	Beef hotpot	Kedgeree	Vegetarian sausage & mashed potato with garden peas and gravy	Jam sponge	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Saturday	Liver and onions with mash potato and seasonal vegetables	Fish pie with garden peas	Mediterranean vegetable pasta	Fruit crumble with custard	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato
Sunday	Roast beef dinner with roast potatoes, seasonal vegetables and Yorkshire pudding	Chicken dinner with roast potatoes, seasonal vegetables and stuffing	Nut Roast with roast potatoes and seasonal veg	Fruit cake	<ul style="list-style-type: none"> • Tomato Soup • Vegetable Soup • Mushroom Soup 	<ul style="list-style-type: none"> • Chicken & Stuffing • Cheese & Pickle • Egg Salad • Ham & Tomato